

## Technical Ultimate – Calendar 2010



<b>Date</b>	<b>Event</b>	<b>Suitability</b>
Sunday 28 <sup>th</sup> Feb	Poomsae Seminar, The Willison Centre, Roade School, Stratford Road, Northampton, NN7 2LP	Suitable for KUP and Dan grade Poomsae competitors or anyone for grading. If you want more info please see Odette
Saturday 20 <sup>th</sup> Mar 11.30 – 1.00	Poomsae training	Competition training - Preparation for National Championships
Saturday 27 <sup>th</sup> March	National Poomsae Championships, Sheffield	Dan grade competition
Sunday 28 <sup>th</sup> March	National Poomsae Championships, Sheffield	KUP Grade competition
Saturday 1 May 10.30	KUP Grading, The Den	
Saturday 8 <sup>th</sup> May	UTA Poomsae Competition, Milton Keynes	Kup and Dan Grade competition
Saturday 15 <sup>th</sup> May	UTA Poomsae competition, Dorset	Kup and Dan Grade competition
Saturday 5 <sup>th</sup> June	Poomsae Championships, Belfast	Kup and Dan Grade competition
Sunday 6 <sup>th</sup> June	Ultimate 1-1 and Patterns, Barnsley	Kup and Dan grade 1 – 1 patterns
Sunday 4 <sup>th</sup> July	Scorpion 1-1 and Patterns	Kup and Dan grade 1 – 1 patterns
Saturday 24 July 10.30am	KUP Grading, The Den	
Sunday 5 <sup>th</sup> September	Ultimate 1-1 and Patterns, Barnsley	Kup and Dan grade 1 – 1 patterns
Saturday 11 September, 10.30am	KUP Grading, The Den	
Saturday 2 <sup>nd</sup> October	Scottish Poomsae Championships	Kup and Dan Grade competition
Saturday 20 November, 10.30am	KUP Grading, The Den	

**Regional Training in Manchester takes place on a monthly basis and details of dates and venues will be emailed out to instructors as soon as information comes from the coaches.**

**For any further information contact Odette Stringwell on 07783645679 (eves) or email [odette.stringwell@talktalk.net](mailto:odette.stringwell@talktalk.net)**